

FROM THE PRINCIPAL'S DESK



Dear Aquinas College Family,

As we enter the sacred season of Advent, the Church invites us to slow our pace, quiet our hearts, and prepare with intention for the coming of Christ - both in the celebration of His birth at Christmas and in the daily ways He seeks to enter our lives. Advent is a season marked not by haste, but by hope, faith, joy, and love; the four candles that guide our spiritual preparation and illuminate our path toward the true meaning of Christmas.

Christmas, at its core, is the mystery of God made flesh; Emmanuel, "God with us." It is a reminder that God enters our world not with spectacle or grandeur, but with humility, tenderness, and limitless love. As we journey through Advent, we are called to prepare room in our hearts for this same divine love - to reflect on the gift of Christ's coming and to share that gift generously with others.

Throughout the month of November, we have witnessed our students embody these Advent virtues in their academic diligence, their compassionate service, and their growing awareness of the needs of those around them. Whether through leadership, scholarship, creativity, or acts of kindness, our students continue to show that education at Aquinas is not only about mastering concepts, but about becoming persons of character, empathy, and faith.

As we look toward Christmas, let us remember that the season is not defined by material preparation or the rush of celebration, but by a renewed openness to God's presence. Christ comes to us in the quiet, in the ordinary, and in the places where hope is most needed. May we be open to receiving Him in our prayer, in our families, in our community, and especially in the lives of the vulnerable and those who carry heavy burdens.

This Advent, I encourage each member of our Aquinas College family to embrace the spirit of reflection and generosity, to seek opportunities for reconciliation, to practice patience, to extend forgiveness, and to share joy intentionally. Let us walk through these weeks not as passive observers, but as active participants in preparing our hearts for the miracle of Christ's birth.

I also extend my sincere gratitude to our dedicated faculty and staff, whose guidance shapes the faith and intellect of our students; to our parents and guardians, whose support and partnership strengthen the mission of our school; and to our students, whose growth, enthusiasm, and resilience inspire us daily.

May this Advent season fill your home with peace, your heart with hope, and your life with the assurance of God's enduring love. And as Christmas approaches, may we all rediscover the profound truth that Christ is our light, our joy, and our greatest gift.

**"By His light, we walk in hope."
— cf. Luke 1:79**

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Newsletter Date

November-December 2025

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Dates To Remember

December 19, 2025

Business Office Closes for Christmas

December 29, 2025

Business Office Reopens

December 30, 2025

Business Office closes for New Year's

January 5, 2025

School Reopens - DAY 1

January 19, 2025

7th-Grade Entrance Exam

- School Closed



Advent 2025: A Season of Deep, Prayerful, and Active Hope

As the new liturgical year begins, the Church invites us once again to enter into the sacred season of Advent - a time not only of expectation but of transformation. Pope Leo XIV's Advent message for 2025 speaks powerfully to our moment in history: "To wait is not to pause, but to participate; to prepare the way of the Lord in the world as it is."

In a society often driven by noise, speed, and distraction, Advent calls us to slow down and look inward. But it is not a retreat into ourselves. It is a journey of conversion, compassion, and community, echoing John the Baptist's cry in the wilderness: "Prepare the way of the Lord, make straight His paths." (Mark 1:3)

A Threefold Invitation

This Advent, Pope Leo invites the faithful into a threefold spiritual practice:

1. Personal Conversion:

Advent is a time to return to the heart of the Gospel. Through prayer, silence, the Sacrament of Reconciliation, and acts of penance, we prepare our hearts to receive Christ anew, not as a distant figure of history, but as the living Lord who desires to dwell within us.

2. Communal Solidarity:

The Holy Father reminds us that we do not journey alone. We are called to walk together - as families, as parishes, and as a Catholic college community. In the spirit of synodality, we listen to one another, bear each other's burdens, and stand with those who are suffering or excluded.

3. Concrete Works of Love and Peace:

Advent hope must take flesh. Pope Leo challenges us to respond to the world's wounds with compassion and justice; whether through service projects, care for the poor, ecological responsibility, or building bridges of peace in our divided society. "Let us be signs of the Kingdom that is already breaking in," he says.

The Wreath and the World

The Advent wreath that graces our chapel and classrooms is more than decoration. Each candle reminds us that light breaks into the darkness, gradually, faithfully. As we light each flame, may we also kindle faith, joy, and mercy in our campus and in our world.

Advent 2025 Meditation & Prayer

"Active Waiting"

"To wait is to participate."

These words of Pope Leo echo in our halls this Advent.

Lord Jesus, we are not waiting for a holiday; we are waiting for You.

As we study, serve, and prepare — teach us to wait with open hearts and working hands.

May our waiting be full of prayer, our prayer full of compassion,
and our compassion full of courage.

Let this Advent be a time of holy readiness:
for Your coming in the silence of our prayer,
in the faces of the poor,
in the stillness of our hearts,
and in the beauty of our college community.

Come, Lord Jesus.
Come into our classrooms,
our friendships,
our questions,
and our hopes.

Amen.

As we journey together through these Advent weeks, may Aquinas College be a place where Christ finds not only welcome, but witness - a community marked by deep prayer, active hope, and love made visible.

Marana tha - Come, Lord Jesus.

Aquinas College Celebrates 2025 Graduates Awarded the National Diploma Certificate of Excellence

Aquinas College proudly recognizes the outstanding achievements of its 2025 graduates who have been awarded the prestigious National Diploma Certificate of Excellence, one of the highest academic distinctions conferred by the Ministry of Education. This honor, granted to students whose performance exemplifies exceptional scholarship, dedication, and integrity, affirms the College's ongoing commitment to nurturing learners who strive for excellence in all pursuits.

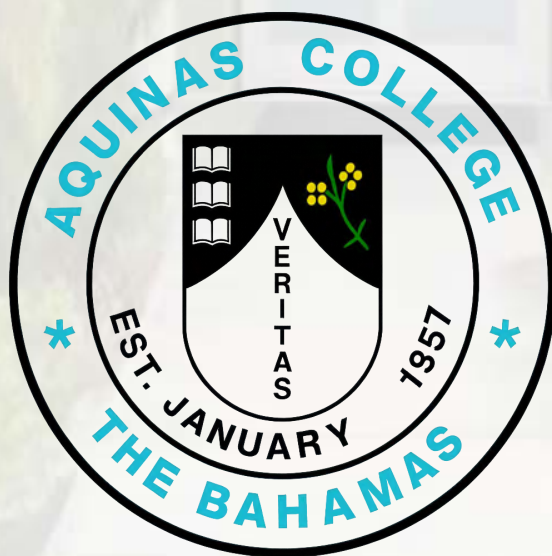
This year's recipients have also been inducted into the Ministry of Education's Scholar Society, a distinction reserved for top-performing graduates across the nation. Membership in the Scholar Society signifies not only academic mastery but also exemplary character and leadership - qualities that Aquinas College endeavors to cultivate in every student.

As a school community, we celebrate the discipline, perseverance, and intellectual curiosity these scholars have demonstrated throughout their academic journey. Their success reflects the collaborative support of faculty, parents, and peers, as well as the students' personal commitment to continuous growth.

Principal leadership extended warm congratulations to the honorees, noting that their accomplishments "underscore the tradition of excellence that defines Aquinas College and inspire the next generation of learners to aim ever higher." Faculty members echoed this pride, highlighting the graduates' contributions to both academic life and the wider community.

Aquinas College remains steadfast in its mission to develop well-rounded individuals who engage thoughtfully with the world around them, prepared for higher education and future professional success. The achievements of our 2025 National Diploma Certificate of Excellence recipients stand as a testament to this mission in action.

We commend our scholars for this remarkable accomplishment and celebrate their induction into the Ministry of Education's Scholar Society Honor. Their achievements illuminate the path of academic excellence for all who follow.





Nathaniel Brown



Laurence Burnside



Gianna Burrows



Trinity Cartwright



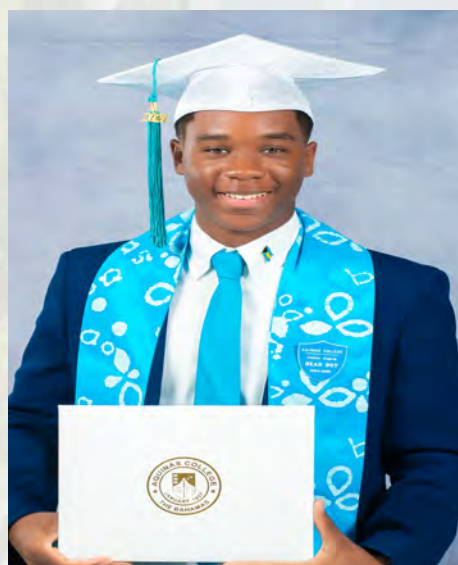
Jaylin Coakley



Clarence Dean



Chaane Duvalier



Dellon Evans



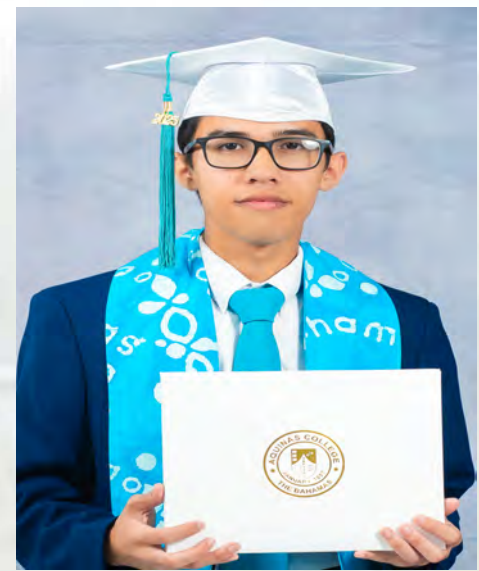
Reia Farquharson



Torin Ferguson



Logan Fernander



Kiel Gequillana



Jorden Gibson



Antonique Hall



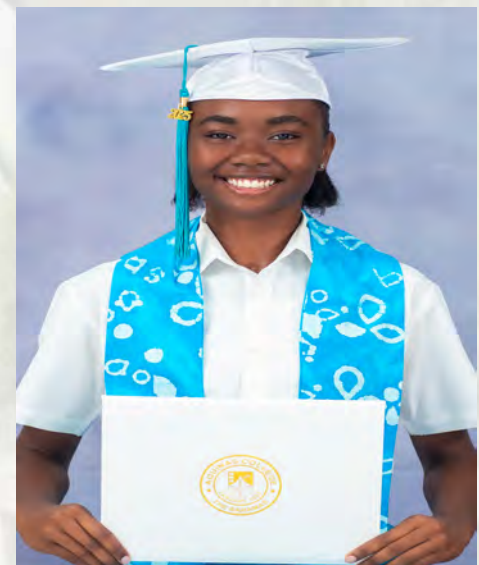
Kristen Cartwright



Brinajja Mckenzie



Jeremy Nairn



Haley Newton



Laurelle Paul



Marcia Pritchard



Asia Rahming



Abrianna Roker



Antonyche Roker



Kiemara Rolle



Sa'niyah Rolle



Trevor Rose



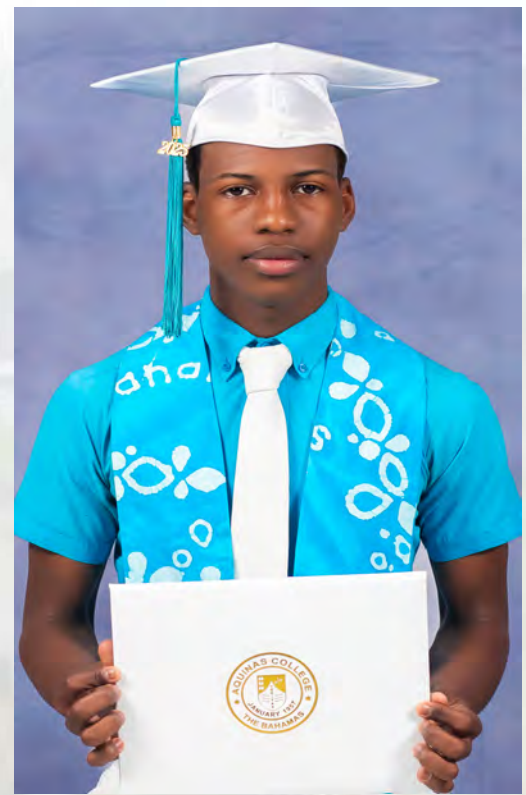
Lumar Saunders



Thomas Sawyer



Marena Strachan



Rueben Strachan



Alyssa Wallace



Darius Williams



Johnasia Wilson

Continue To Make Excellence Your Habit!

Celebrating Mentorship: Aquinas College Honors Male Mentors for International Men's Day



In celebration of International Men's Day, Aquinas College's Male Mentoring and Male Empowerment Club proudly recognizes the remarkable contributions of the dedicated men who have committed themselves to guiding and shaping the young men of our school community.

This transformative program; the vision of [His Grace, Archbishop Patrick Pinder](#), and [Mr. Barry Wilmott](#), continues to play a vital and life-affirming role in the spiritual, academic, and personal development of our male students. His Grace has long emphasized the profound importance of intentional mentorship and positive male leadership within Catholic education, reminding us that young men flourish when surrounded by strong examples of integrity, discipline, and faith.



Aquinas College extends heartfelt appreciation to alumnus [Ian Clark](#), as well as our devoted faculty mentors:

Mr. Covanc Mortimer, Dean of Students

Mr. Ravin Wilson, Auto Mechanics & Electrical Installation Instructor

Mr. Brian Tappin, Geography & Economics Instructor

Their unwavering commitment, consistent guidance, and willingness to invest in the lives of our young men continue to strengthen the culture of leadership and brotherhood on our campus.

We also express sincere gratitude to alumnus [Nathan McPhee](#), who shared an inspiring testimony about his journey at Aquinas College, and to [Greg Smith](#), both of whom serve at Bahamas Power and Light, for their ongoing support and corporate partnership. Their engagement underscores the powerful impact of community collaboration in fostering purpose-driven young men.

To all our mentors - thank you for serving as steadfast role models who exemplify excellence, compassion, and character. Your dedication not only enriches the lives of our young men but also upholds the mission of Aquinas College to form leaders rooted in faith, integrity, and responsibility.



CELEBRATING

ACES *pride*

STUDENTS' SPOTLIGHT

Aquinas College Debate Team Advances to the National Debate Competition

Aquinas College proudly celebrates the exceptional achievement of its Debate Team, who secured a decisive victory over Bahamas Academy in the BAISS Preliminary Round, earning their place in the upcoming National Debate Competition. This accomplishment highlights the team's dedication to rigorous argumentation, thoughtful research, and disciplined preparation—core values upheld within the Aquinas academic tradition.

The College extends special commendation to Debate Coach Mrs. Yvette Sweeting, whose leadership continues to elevate the standard of excellence within the program. Her commitment to developing articulate, analytical, and confident student debaters has played a vital role in the team's continued success.

Distinguished recognition is also extended to Head Girl Asher Fawkes, who was named Best Debater of the Competition. Her outstanding performance demonstrates not only individual mastery of debate skills but also serves as an inspiration to her peers and the wider school community.

As Aquinas College prepares to support the team on the national stage, we celebrate their perseverance, intellectual engagement, and exemplary representation of the A.C. family. Their success reflects the College's mission to foster critical thinkers who communicate with clarity, integrity, and purpose.

We congratulate the Debate Team on this remarkable achievement and wish them continued success as they advance to the National Debate Competition.



Aces pride!

Aquinas Innovators Excel in National STEM Challenge



Aquinas College proudly celebrates **Marena Strachan**, Grade 11, and **Amelia Hepburn**, Grade 12, for their remarkable achievements in STEM innovation this fall semester.

Both students successfully completed the Future Innovators Afterschool Program, an initiative designed to equip young leaders with advanced skills in technology, engineering, and creative problem-solving.

Marena and Amelia also distinguished themselves as members of the winning team in the 2025 STEM Robotics for Good Youth Challenge. Their team's innovative design and technical excellence earned them the honor of representing The Bahamas at the International Robotics Competition in Geneva, Switzerland, in 2026—a prestigious global event that brings together the brightest young minds in robotics and engineering.

Their accomplishments reflect dedication, discipline, teamwork, and a commitment to excellence—hallmarks of the Aquinas spirit.

Marena and Amelia, your Aquinas College family is immensely proud of you.
Continue to make excellence your habit!

ACES PRIDE



Aquinas College Scholars Receive Acceptance Letters and Scholarships from the College of Saint Benedict and Saint John's University



Aquinas College proudly announces that ten members of the 12th grade class have received official acceptance letters and scholarship offers from the College of Saint Benedict and Saint John's University (CSB/SJU) in Collegeville, Minnesota. The letters were personally presented by Mrs. Sarah Simpson, Associate Director of Admissions, during her visit to campus.

This meaningful moment continues a strong and growing relationship between Aquinas College and CSB/SJU. The College is pleased to note that 19 Aquinas graduates are currently enrolled at the institution, reflecting both the academic readiness of our students and the value placed on their contributions to the CSB/SJU community.

Michael Edie

Jani Thompson

Breanna Balfour

Tahlia Peterson

Ethan Mackey

Amelia Hepburn

Joshua Seymour

Asher Fawkes

Nerissa Thompson

A'Miah Cooper

Their accomplishments speak to years of dedication, curiosity, and disciplined effort—hallmarks of an Aquinas College education.

As these scholars prepare for the next chapter of their academic journey, the Aquinas College family celebrates their success and offers heartfelt congratulations.

Seniors, continue to make Excellence your Habit. We are immensely proud of each of you.

Aquinas College Student Leaders Honored at the BAISS Service of Thanksgiving

Aquinas College proudly celebrates Head Girl Asher Fawkes and Head Boy Tamar Armbrister Jr., who were recognized at the 2025 BAISS Service of Thanksgiving, an annual gathering that honors exemplary student leaders from independent schools across New Providence. Their selection reflects not only their academic diligence, but also their commitment to service, integrity, and leadership within the Aquinas community.

Adding to the significance of the occasion, the Aquinas College Orchestra, under the skilled direction of music teacher Mr. Jacob McPhee, performed the prelude for the service. Their musical offering provided a reflective and uplifting tone that enriched the ceremony and showcased the artistic talent nurtured at our institution.

This year's service, held at the historic Christ Church Cathedral, centered on the theme "Give Thanks with a Grateful Heart." The message served as a meaningful reminder of the values that guide student leaders as they serve their schools and wider communities.

Aquinas College extends heartfelt congratulations to Asher Fawkes and Tamar Armbrister Jr. on this well-deserved recognition. Their leadership continues to exemplify the ideals of Excellence, Service, and Community that define the Home of the Aces.



Aquinas Student Leaders Attend “Strength in Unity, Power in Community” Seminar at Baha Mar



Two Aquinas College student leaders, [Damarion Dawkins](#) and [Dane Braynen](#), along with chaperone Mr. C. Mortimer, proudly represented the College at the annual Food for Thought Seminar, held on Thursday, November 20, 2025, at Rosewood, Baha Mar. Hosted under the powerful theme “Strength in Unity. Power in Community.”, the event formed part of Baha Mar’s International Men’s Month outreach initiative.

The seminar brought together male student leaders from schools across New Providence for a dynamic morning of mentorship, personal development, and meaningful dialogue. Participants were guided through interactive sessions led by male professionals from Baha Mar’s hospitality division—many of whom are alumni of local schools. These leaders shared insights on accountability, character, resilience, and the importance of community-minded leadership.

Throughout the seminar, Aquinas students engaged in:

Team-Building and Collaboration

Students participated in hands-on activities designed to strengthen communication, trust, and collective problem-solving. These exercises, including creative construction challenges and collaborative tasks, highlighted the value of unity and mutual support.

Leadership Development

Through short talks and guided discussions, attendees explored what it means to lead with integrity, confidence, and purpose. The seminar emphasized the role of young men as positive influencers in their families, schools, and wider communities.

Mental Health and Well-being

A dedicated segment focused on male mental health—encouraging open conversation, self-awareness, and healthy coping strategies. Students were reminded of the importance of grounding themselves in faith, purpose, and supportive relationships.

Career Awareness and Professional Exposure

Held in a world-class hospitality environment, the symposium offered students rare exposure to corporate culture, industry expectations, and potential career pathways. Networking with experienced professionals allowed participants to broaden their understanding of opportunities beyond high school.

Representing Aquinas College with maturity and enthusiasm, Damarion and Dane contributed thoughtfully to group conversations and proudly participated in the event’s “Wall of Wisdom,” leaving messages that reflected their values and aspirations.

Aquinas College extends its appreciation to Baha Mar and Outreach Program Manager Ms. Marcia C. Knowles for coordinating such a meaningful initiative that uplifts young men through mentorship, unity, and community engagement. We also thank the Ministry of Education for its support in facilitating school participation.

Congratulations to Damarion and Dane for embodying the principles of leadership, responsibility, and service. Your Aquinas family is proud of you.



LEGACY & IMPACT

Challenge: How can men intentionally create a lasting legacy that positively impacts their families, communities, and future generations?

LEGACY

Aquinas Swim Team Shines at 2025 BAISS Meet

Aquinas College proudly recognizes its small but mighty swim team of ten athletes - three girls and seven boys - who competed with heart and determination at the 2025 BAISS Swim Meet. Against nine participating schools, our Aces secured an impressive 7th-place overall finish, demonstrating grit, teamwork, and Aces spirit throughout the competition.

Despite their modest team size, our swimmers delivered outstanding individual performances, earning a total of eight medals:

4 Gold Medals

3 Silver Medals

1 Bronze Medal

Their achievements reflect dedication, disciplined training, and the unwavering support of their coaches and families.





Congratulations, Team Aces!

You represented Aquinas College with excellence - both in the pool and in sportsmanship. Aces Pride!

Aquinas Golfer Achieves Success in Local Tournaments

Aquinas College proudly celebrates **Tiar Gibson**, a talented 10th-grade student, for her outstanding achievements in two major golf tournaments this year.

On November 30, 2025, Tiar claimed the title of Women's Longest Drive Winner at the Bahamas Heart Foundation's inaugural Golf Tournament, showcasing exceptional skill, strength, and precision on the course.

Earlier in the year, Tiar secured 2nd place at the Rotary Club of Nassau Sunrise's 5th Annual Golf Tournament in July 2025—an impressive accomplishment that highlights her consistency and competitive drive.

Tiar's success reflects her dedication to the sport and her commitment to excellence, both of which embody the spirit of an Aquinas Ace.

Congratulations, Tiar!

Your Aquinas College family is incredibly proud of your accomplishments on and off the course. Aces Pride!



Aquinas Mental Health Club Engages in Purpose Path International Seminar

Members of the **Aquinas College Mental Health Club (Senior Division)** recently attended the Purpose Path International Seminar, an enriching event designed for high school and college students to explore personal growth, wellbeing, and future readiness.

The seminar featured a series of thought-provoking sessions on artificial intelligence and entrepreneurship, mental health and wellness, discovering one's purpose, and consent, sexual health, and sexually transmitted infections (STIs). These sessions encouraged open dialogue, critical thinking, and self-awareness - key components of holistic student development.

Aquinas students were highly engaged throughout the event, actively participating in discussions, activities, and interactive challenges. Their enthusiasm and insight did not go unnoticed, as they proudly walked away with several of the top prizes awarded during the seminar.

Participation in the Purpose Path International Seminar reflects Aquinas College's ongoing commitment to nurturing students who are not only academically prepared, but also emotionally aware, purpose-driven, and confident in navigating life beyond the classroom.

The Aquinas College community commends the Mental Health Club members for representing the school with maturity, curiosity, and excellence.

Well done, Aces!



Aquinas Students Excel in Zonta Club Poster Competition

Aquinas College proudly congratulates **Faith James**, a Grade 7 student, and **Darielle Seymour**, a Grade 9 student, for their outstanding achievements in the Zonta Club of Nassau's 2025 Poster Competition.

The competition, which spanned 16 days, was held under the powerful and timely theme: "Healthy Relationships: From Hurt to Healing—Giving Voice to Our Children."

Participants were challenged to explore complex emotional and social issues through artistic expression, using visual storytelling to promote awareness, empathy, and healing.

Faith James earned the People's Choice Award in the Junior High School Division, an honor determined by public voting. Her artwork resonated deeply with viewers, capturing the emotional journey from pain to healing and powerfully giving voice to children's experiences.

Darielle Seymour also distinguished herself by placing second in the Junior High School Division. Her submission was recognized for its creativity, thoughtfulness, and meaningful interpretation of the competition's theme, demonstrating both artistic skill and emotional insight.

Aquinas College commends both students for using their talents to engage courageously and compassionately with an important social issue. Their success highlights the role of the arts in fostering dialogue, understanding, and positive change; values that align strongly with the mission of our Catholic learning community.

Congratulations, Faith and Darielle!

Your Aquinas family is immensely proud of you for using your voices and creativity to inspire healing and hope.



Faith James



Gabrielle Seymour

Aquinas Student Places Second in National World AIDS Day Speech Competition



Aquinas College proudly congratulates **Kylah Taylor**, a Grade 11 student of Aquinas College, on earning second place in the Final Round of the 2025 National HIV/AIDS High School World AIDS Day Video Speech Competition.

The competition was hosted by the Ministry of Health & Wellness through the National HIV/AIDS & Infectious Disease Programme, in partnership with the Bahamas AIDS Foundation, and brought together outstanding student speakers from across the country.

Under the compelling theme,

“Is Stigma and Discrimination Still a Barrier for Persons Living with HIV in The Bahamas?”

Kylah delivered a thoughtful, articulate, and courageous presentation that addressed the ongoing social challenges faced by individuals living with HIV. Her speech demonstrated critical thinking, empathy, and a strong sense of social responsibility—qualities that reflect the values nurtured at Aquinas College.

Placing second at the national level is a significant achievement and a testament to Kylah’s confidence, research skills, and commitment to advocacy and awareness. Her performance contributed meaningfully to an important national conversation surrounding public health, inclusion, and human dignity.

The Aquinas College community commends Kylah for representing the school with maturity, compassion, and excellence.

ACES PRIDE

Aquinas College Pop Band Makes Strong Debut at the National High School Battle of the Pop Bands

Aquinas College proudly celebrates the outstanding debut of its Pop Band (Ace of Spades), led by **Mr. Darien Francis**, at the Ministry of Youth, Sports and Culture's Battle of the High School Pop Bands, held on Monday, December 15, 2025, in Rawson Square.

The high-energy event featured seven high school pop bands from New Providence and Grand Bahama, each showcasing musical talent, creativity, and stage presence. Competing on a national platform for the first time, the Aquinas College Pop Band delivered a dynamic performance that earned them an impressive 4th-place overall finish; a remarkable accomplishment for a debut appearance.

This achievement was met with pride and celebration across the Aquinas campus community, as it reflected months of dedication, collaboration, and musical growth under the guidance of Mr. Francis. The band's performance highlighted not only musical skill, but also confidence, teamwork, and school spirit.

The Aquinas College Pop Band members are:

Cayden Bannister, Aleece Bannister, Jada-Li Seymour, Caiden Moxey, Joshua Johnson, Kailey Rolle, Aiden Wilson, Asher Fawkes, Demarion Dawkins, Derron Ferguson, Joshua Seymour, Jayden Clarke, Felicia Cooper, and Nerissa Thompson.

Aquinas College commends each member of the band for stepping boldly onto the national stage and representing the school with excellence and enthusiasm.



ACES PRIDE

Aquinas Students Shine with Bahamas National Children's Choir

Aquinas College proudly congratulates **Ciera Knowles**, **Isaiah Pascal**, and **Giovann Miller** for their outstanding performance with the Bahamas National Children's Choir at its annual Christmas Concert.

Taking part in this nationally recognized ensemble, the students contributed their voices and musical talent to a beautiful celebration of the Christmas season. Their performance reflected discipline, artistry, and a deep appreciation for music as a form of cultural expression and worship.

Representing Aquinas College on a national stage, Ciera, Isaiah, and Giovann exemplified excellence, commitment, and confidence - values that are nurtured within our school community and carried beyond the classroom.

The Aquinas College family commends these students for their dedication to the performing arts and for sharing their gifts in a way that uplifted audiences and honored the spirit of the season.



Congratulations, **Ciera**, **Isaiah**, and **Giovann**!
Your Aquinas College family is immensely proud of you.

ACES  **PRIDE**

Aquinas Student Delivers Welcome at Royal Bahamas Police Force Christmas Tree Lighting



Aquinas College proudly celebrates **Ciera Knowles**, a Grade 7 student, who delivered the welcoming remarks at the 2025 Royal Bahamas Police Force (RBPF) Annual Christmas Tree Lighting Ceremony.

Held under the theme “One Night, Many Stars: Christmas Through the Eyes of a Child,” the annual event brought together families, officers, and community members for an evening of reflection, joy, and holiday spirit. Ciera’s poised and heartfelt address set a warm and uplifting tone for the ceremony, capturing the innocence, hope, and wonder that define the Christmas season.

Her participation reflected not only confidence and eloquence, but also the values Aquinas College seeks to instill in its students - service, courage, and thoughtful engagement with the wider community. Representing her school with grace and maturity, Ciera stood as a shining example of youth leadership and civic pride.

The Aquinas College family commends Ciera for this meaningful contribution to a national event and congratulates her on representing the school with distinction.

Well done, **Ciera!**
Your Aquinas College family is proud of you.

ACES PRIDE



COMMUNITY SERVICE

Aquinas Community Prepares 1,000 Meals for Let's Make a Difference Thanksgiving Initiative

On Thursday, November 27, 2025, Aquinas College once again demonstrated its unwavering commitment to service as **students, alumni, Rotarians**, and the **BSGC Bahamas Striping Group of Companies** team joined forces to prepare and plate 1,000 Thanksgiving meals for families in need.

This year marks Aquinas College's third consecutive year participating in the Let's Make a Difference Feeding Initiative, organized annually by Bahamas Striping Group of Companies (Bahamas Striping). Since joining this effort, the Aquinas family has significantly increased its impact:

- * 300 meals prepared in the first year
- * 500 meals prepared last year
- * 1,000 meals prepared this year

In the days leading up to the event, Aquinas students prepared ingredients and assembled supplies for the large-scale initiative. Wednesday, November 26, 2025, served as the official prep day, with students diligently working alongside volunteers from the wider community. On Thursday, November 27, 2025, they plated the full 1,000 meals, contributing to Bahamas Striping's extraordinary national mission to feed 30,000 Bahamians across the Commonwealth on Thanksgiving Day.

This meaningful collaboration reflects the heart of Aquinas College's mission: to form compassionate, service-oriented leaders who recognize the profound impact of giving. As one united team: students, alumni, Rotarians, and BSGC staff, the group embodied the belief that every act of kindness matters.

Every dish prepared was more than nourishment; it was a hug in a bowl, offered with dignity, compassion, and gratitude.

Aquinas College is deeply thankful for the opportunity to participate once again in this initiative and applauds its students and partners for their generosity and dedication.

Aquinas College students & alumni, Rotarians, and BSGC Bahamas Striping - thank you for making a difference!

Your service continues to bless the lives of others, year after year.



Aquinas College proudly stood in solidarity for World Diabetes Day

On Friday, November 14th, 2025, our administrators, teachers, and students came together dressed in blue to raise awareness and show support for those affected by diabetes.

We were honored to have on hand for this presentation and donation: **Nursing Officer Lyndianna Rahming**, President of the Bahamas Diabetic Association, **School Nurse Mrs. Cindera Bullard-Russell**, and **Principal of Aquinas College Mrs. Shona Knowles**. Their presence underscored the significance of continued education, awareness, and advocacy in the fight against diabetes.

At Aquinas College, we believe in nurturing not only academic excellence but compassionate, community-minded young people. Participating in initiatives like World Diabetes Day helps our students understand the importance of supporting worthy causes and making a positive impact beyond the classroom.



Aquinas—Loving Persons, United in Blue for a Purpose



TEACHERS' SPOTLIGHT

Aquinas College Extends Congratulations to Father Vincent Mungai on His Ordination to the Sacred Priesthood



The Aquinas College community joyfully extends heartfelt congratulations to Father Vincent Mungai, who was ordained to the Sacred Priesthood on Wednesday, December 3, 2025. This profound milestone marks the beginning of a ministry dedicated to service, compassion, and spiritual leadership - values that resonate deeply with the mission and heritage of our College.

As Father Mungai embarks on this sacred vocation, the Aquinas family unites in prayerful support, asking God to continue to bless, strengthen, and guide him in the unfolding of his priestly ministry. His commitment to faith and his example of humility and devotion serve as an inspiration to our students, faculty, and alumni.

Aquinas College takes great pride in celebrating members of our community who dedicate their lives to service rooted in faith. Father Mungai's ordination stands as a reminder of the transformative power of calling and the enduring impact of spiritual leadership.

With blessings and love from the Home of the Aces; where Excellence is a Habit, we pray that God's grace remains with Father Mungai now and throughout his priestly journey.

ALUMNI

Corner

Alumnus Raychard Ferguson '16: Crafting Excellence Through Media and Entrepreneurship



After graduating from Aquinas College, I went on to attend Saint Leo University, where I spent four formative years completing my studies in Multimedia Management. I graduated during the height of the global pandemic, which meant I was unable to walk across the stage; however, the experience strengthened my resilience and adaptability as I prepared to step into the professional world.

After completing my Optional Practical Training in the United States, I returned home to The Bahamas and began working in healthcare administration at Paradise Healthcare. There, I served as both a Patient Care Technician and Front Desk Operator. Though the healthcare field was not my long-term path, it provided valuable lessons in discipline, communication, and service—skills that would later support my journey as an entrepreneur.

During this period, I founded my production company, Unwind Studios (US). Like many emerging entrepreneurs, I initially operated as a sole proprietor, managing the business as a secondary stream of income while gradually building its foundation. My passion for storytelling eventually led me into news and television, where I spent three years gaining invaluable industry experience. I began as a camera operator for a local station and, within just a year and a half, advanced into the role of Outside Broadcast and Studio Coordinator where I also was the Technical Director of nightly news.

While growing professionally in the media field, I continued to serve as Executive Producer, Director, and Cinematographer for Unwind Studios. After three years in the broadcast industry, I transitioned into Unwind Studios full time. Today, the company is steadily evolving into a dynamic filmmaking powerhouse, dedicated to producing impactful narratives with high-caliber production value.

Aquinas College played a significant role in shaping my foundation—instilling discipline, creativity, and a drive for excellence. Those early lessons continue to influence my journey as I work to expand Unwind Studios and contribute meaningfully to the creative landscape of The Bahamas.

Dr. Deanna Bain-Rolle '90 — A Life of Service, Faith, and Excellence

Aquinas College proudly celebrates Dr. Deanna Bain-Rolle, Class of 1990, whose life and career offer a powerful testament to perseverance, service, and the transformative impact of faith-centered education.

Dr. Bain-Rolle was recently honored on National Doctor's Day 2025 with multiple national awards, including the First Bahamian Family Island Female Doctor Award (Exuma), the Physician Lead Award (School Health Services), the Committee Members Appreciation Award, and the S.O.A.R. Award presented by the Ministry of Health & Wellness. These recognitions speak not only to her professional expertise as a physician in Family Medicine, but also to her steadfast commitment to community wellness and compassionate care.

Yet, when reflecting on her journey, Dr. Bain-Rolle roots her accomplishments not in accolades but in service. In addition to her medical vocation, she serves faithfully at Believers Faith Outreach Ministries on Carmichael Road, where she teaches Sunday School and intercedes as part of the BFOMI Global Prayer Army—an expression of her deeply held belief that *“Praise is who I am, and it's what I do.”*

Dr. Bain-Rolle speaks with heartfelt gratitude for the teachers at Aquinas College who nurtured her gifts and instilled in her a belief in what was possible. She extends special thanks to Mrs. Shona Knowles (English Literature), Mrs. Mary White-Musgrove (English Language), Ms. Blair (History), Ms. Curry (PE), Mr. Dorsett (Religion), Mr. Forbes & Mr. Musgrove (PE), and Mr. Anthony (Mathematics).

She credits these educators with helping her discover, in her words, *“the power of hope activated by faith and hard work to produce progress and success.”* They saw her potential—*“the queen that was dormant within me”*—and became the village that encouraged her toward purpose and achievement.

Today, Dr. Bain-Rolle stands as an example of what it means for an Aquinas graduate to live out the mission of the Catholic Board of Education: to be a lifelong learner, a person of integrity, a compassionate servant, and a leader guided by faith. Her story encourages current students to embrace their gifts, lean into their support systems, and pursue excellence with humility.

Aquinas College proudly congratulates Dr. Deanna Bain-Rolle '90 on her outstanding national recognitions and thanks her for continuing to embody the values of her alma mater with grace, service, and unwavering faith.

Aces Pride!

HOPE



JOY



LOVE

PEACE



Wishing our entire school community a joyful Christmas and a New Year filled with blessings, peace, and continued growth. May this festive season bring warmth to your homes and renewed inspiration for the year ahead.

OPEN DOES NOT MEAN OVER

Maintain COVID-19 Protective Measures



LET'S KEEP EACH OTHER SAFE